

Instructor Biographical Information

Jim Apple played for the Fair Base Ball Club of Talbot, a vintage “base ball” club formed in 2005, from 2006 to 2019. Team members wear 19th century-style uniforms and play by 19th century rules, usually the rules of 1864. He has made presentations about vintage base ball at numerous historical societies and also taught for 43 years in Queen Anne’s County.

Katie Barney is the author of six cookbooks - two on the Chesapeake Bay, two on New England, *God’s Bounty* and *The Enchanting World of Food* - and has taught in the IAL program for many years.

Susan Claggett has been teaching yoga for ten years, including at IAL and most recently at Queen Anne’s County and Talbot County senior centers.

Stacey Davis owns and operates Tree of Lyfe Fitness at The Radcliffe Studios in Chestertown. She has experience in senior fitness and wellness, corrective exercise, pelvic floor exercise, aqua aerobics, group fitness, and the LYT Yoga method.

Rev. Mark S. Delcuze is an Episcopal priest currently serving as rector of Christ Church Parish, Kent Island. He holds a B.A. from the University of Virginia and an M. Div. from the Episcopal Divinity School (Cambridge, MA). In 37 years of ordained life, he has served as ecumenical and interfaith officer for two dioceses, has been a four-time deputy to his denomination’s General Convention and has served in a variety of key roles for the Diocese of Easton.

Teddy Griffin has a B.S. in computer science from the University of Maryland and spent over 30 years in application and system programming. After retirement, she has enjoyed making jewelry and other beaded projects and is eager to share that passion with others.

Rabbi Peter Hyman, the rabbi of Temple B’nai Israel, has an M.A. of Hebrew Letters and a Doctor of Divinity. He has taught many courses on religious history, Jewish scripture, the New Testament and western theology.

Cindy King worked in wholesale nursery for eight years and has run The Mill of Kingstown Garden Center for 22 years; she is a graduate of Longwood Gardens Horticultural Series 1 and a certified professional horticulturalist. She is a member of the North American Butterfly Association, is a Cornell Feeder Watcher and has Certified Wildlife Gardens.

Steve Kinlock has earned graduate degrees in psychology, education, and history and has more than 30 years of teaching experience at the high school and college level. He has also served in elected office and lives in Cordova.

Kathy Leary has received training in aerobic dance, ballroom dancing and line dancing and has taught at Chesapeake College, the Talbot County Senior Center, the Kent Island Senior Center and the Queenstown Moose. She has also led the Showtime Dancers in performance at local nursing homes and assisted living facilities.

Candace Liccione is the owner of Wye River Designs, a creativity and wellness studio in Grasonville. Wye River Designs features classes in mosaics, collage, mixed media and jewelry making. Before she moved to the Eastern Shore, she had an herb business in PA. Wye River Designs combines her love of arts and crafts and wellness. Wye River Designs also offers over 200 kinds of medicinal herbs, teas, aromatherapy and wellness classes.

George Meyer is in his 48th beekeeping season and runs approximately 150 hives in the Mid-Shore area, principally for honey production. He studied beekeeping at The Ohio State University Agriculture Technical Institute and ran pollination units for muskmelons in Central America, working the Africanized bees. He also worked for the Maryland Department of Agriculture as an “at large” regional bee inspector. He previously served as president of the Wye River Beekeepers, the Montgomery County Beekeepers Association and vice president of the Maryland State Beekeepers Association.

Charles Mylander has a B.A. in mathematics from Bowdoin College; an M.S. in industrial management from MIT and a Ph.D. in operations research from Stanford University. He was an OR analyst at the Research Analysis Corporation, a policy analyst at the Federal Energy Agency, and policy analyst, studies director at the Energy Information Administration. He is retired from the US Naval Academy where he was a professor of operations analysis and mathematics. As a volunteer he has worked on breast cancer studies at the Anne Arundel Medical Center.

Julianna Pax retired from Montgomery County Schools in 1999 where she developed and taught the nutrition science curriculum in addition to her chemistry classes. She has a B.S. in chemistry from the University of Dayton, an M.S. from University of Michigan and a Ph.D. in nutrition science from the University of Maryland and is the author of several cookbooks. Her fifth cookbook is *Cooking for One (or More)*. She also manages the “Soup and Walk” program at Adkins Arboretum in Ridgely and teaches line dancing at the YMCA in Cambridge.

Plastic Free QAC representatives include **Bente Cooney**, founder, lobbyist, and author of “The Good, the Bad, the Ugly” presentation; **Laura Connor**, co-founder, who researched and followed the trail of recycling; **Alex Aiosa**, intern turned active volunteer, creator of the Shore Friendly Restaurant Initiative, and lifelong environmentalist; **Courtney Leigh**, Board member, Employee of Shore Rivers, outdoors enthusiast, and steward of the environment; and **Jenny Vedrani**, Board member, owner/operator of Refill Goodness, and lifelong composter, gardener and environmental activist.

Robert Seitz has more than 50 years of experience in emergency medical services and firefighting, having begun as a volunteer at age 16. He currently works part-time as a critical care paramedic for Kent Island Volunteer Fire Department. He previously worked as a firefighter/critical care paramedic for Prince William County in Virginia after serving 24 years in the U.S. Army Special Forces.

Ann Sharp has been painting professionally for 20 years. She has an art degree from the University of Maryland and is the founding president of the Talbot County Visual Art Center and former owner of the Studio Gallery in Easton. She is also the West Virginia and Maryland ambassador to the Portrait Society of America.

Alicia Siegrist earned a B.S. in geology from University of Maryland, College Park and an M.S. in geochemistry and mineralogy from Penn State. She worked for NASA-Goddard and University of Maryland’s Computer Center, has taught geology and computer science to students age 5 to 85, and has coached JV and varsity cross-country. Although her pace has slowed over a 28+ year walking/running career, her enthusiasm for getting outside and putting one foot in front of the other has never diminished.

Galt Siegrist received his B.S. in geology from Lehigh and an M.S. and Ph.D. from Penn State in geochemistry and mineralogy. He taught undergraduate and graduate geology courses for 25 years at University of Maryland, College Park and 12 more years in Guam. He conducted sponsored water resources research and consulting in Guam and on many other Pacific islands. He has also taught five courses for IAL.

Beverly Hall Smith was a professor of art history for forty years. Since retiring to Chestertown in 2014, she has taught art history classes at IAL and WC-ALL. Since April 2020, she has been writing weekly

articles for the Chestertown and Talbot Spy titled "Looking at the Masters." She is also an artist whose work is sometimes in exhibitions at Chestertown River Arts and she paints sets for the Garfield Center for the Arts in Chestertown.

Raymond Vergne is a retired cardiologist with a graduate degree in education and interests in literature, history, music and art. He has taught an array of classes for IAL.

Mary Jo Volpicelli spent her career working in nursing and health care administration. She has taken several literature classes through IAL and has been a member of various book clubs over many years.

Clayton Washington has spent the last 14 years as president of the Kennard Alumni Association. He led the restoration of the only African American high school in Queen Anne's County to create the Kennard African American Cultural Heritage Center and African American History Museum. He has done extensive research on local African American history.

Alvin White is the community impact manager for PCs for People, an organization that works to close the digital divide by providing devices, internet access, digital skills training and technical support for households without access to these vital skills for life in today's world. His previous experience includes conducting orientation and training programs and teaching job readiness skills.

Paula Wolflin is a self-taught cook and loves sharing what she knows.

Ken Wood is a co-founder and CEO of Lifetime Wells International, an organization that improves the quality of life for communities in Ghana and Tanzania by providing access to safe drinking water. He first traveled to Ghana in 2006 to teach the locals how to use a drilling rig and now visits the two countries an average of four times a year. The organization has produced 100 functional wells for rural communities in Africa.