

## ***Instructor Biographical Information***

**Jim Apple** played for the Fair Base Ball Club of Talbot, a vintage “base ball” club formed in 2005, from 2006 to 2019. Team members wear 19th century-style uniforms and play by 19th century rules, usually the rules of 1864. He has made presentations about vintage base ball at numerous historical societies and also taught for 43 years in Queen Anne’s County.

**Katie Barney** is the author of six cookbooks - two on the Chesapeake Bay, two on New England, *God’s Bounty* and *The Enchanting World of Food* - and has taught in the IAL program for many years.

**Nancy Brandenburger** is a speech-language pathologist with many years of experience working with adults with cognitive challenges.

**CASA of the Mid-Shore Staff** includes Jane Crawford, volunteer coordinator; Belinda Frankel, MSW, supervisor; Anna Krupa, MSW, licensed social worker/supervisor; and Susan Schumacher, Assistant Director.

**Adele Claggett** is a volunteer at Chesapeake Bay Environmental Center; she manages the care and feeding of the captive birds of prey, works with American kestrels and takes part in birds of prey educational programs. Adele monitors and documents nests of bald eagles, great horned owls, wood ducks, and American kestrels. As a member of the Maryland Ornithological Society she attends and leads bird walks. She is a state director for the Maryland Ornithological Society and attends and leads bird walks for Anne Arundel Bird Club. She maintains an active website (Birding.Pictures) which includes a catalog of the birds she has photographed, nest monitoring information and commentary, raptor identification information and more.

**Susan Claggett** has been teaching yoga for more than ten years, including at IAL and at Queen Anne’s County and Talbot County senior centers. She has taught Pickleball for more than five years and is certified through the Professional Pickleball Registry. She loves to exercise and enjoys all aspects of the game from teaching a spin serve to volleying with confidence.

**Sue Elter** is a self-taught genealogist and loves to share what she knows. She has a B.A. and an M.A. in history and is a retired archivist; she worked 32 years at the National Archives and six and a half years at Washington College. She has been interested in genealogy since the age of ten and has traveled overseas in search of ancestors.

**Teddy Griffin** has a B.S. in computer science from the University of Maryland and spent more than 30 years in application and system programming. Since retirement, she has enjoyed making jewelry and other beaded projects and is eager to share that passion with others.

**Ryan Helfenbein** is an owner, certified preplanning counselor, and undertaker at Fellows, Helfenbein & Newman Funeral Homes. He was “born and raised in the death care profession” and makes presentations and writes a column called “Ask the Undertaker” for several local publications.

**Kathy Leary** has received training in aerobic dance, ballroom dancing and line dancing and has taught at Chesapeake College, the Talbot County Senior Center, the Kent Island Senior Center and the Queenstown Moose. She has also led the Showtime Dancers in performances at local nursing homes and assisted living facilities.

**Candace Liccione** is the owner of Wye River Designs, a creativity and wellness studio in Grasonville. Wye River Designs features classes in mosaics, collage, mixed media and jewelry making. Before she moved to the Eastern Shore, she had an herb business in PA. Wye River Designs combines her love of arts and crafts and wellness. Wye River Designs also offers more than 200 kinds of medicinal herbs,

teas, aromatherapy and wellness classes.

**Anthony Loscalzo** worked as an aerospace simulation engineer. He is the author of a computer program which creates 12-hour weather predictions. He was a participant in the International Geophysical Year research project. He worked for various computer companies including Sun Microsystems which contributed to the creation of the internet. He is a current pilot involved with search and rescue via the Civil Air Patrol, now a subsidiary of the U.S. Air Force Auxiliary.

**Dave Menzie** has a B.A., an M.S. and a Ph.D. in geology, an M.A. in applied statistics, and has taken graduate courses in business administration, college courses in viticulture, winemaking and basic soil characteristics.

**Charles Mylander** has a B.A. in mathematics from Bowdoin College; an M.S. in industrial management from MIT and a Ph.D. in operations research from Stanford University. He was an OR analyst at the Research Analysis Corporation, a policy analyst at the Federal Energy Agency, and policy analyst, studies director at the Energy Information Administration. He is retired from the U.S. Naval Academy where he was a professor of operations analysis and mathematics. As a volunteer he has worked on breast cancer studies at the Anne Arundel Medical Center.

**Cindy Nichols** is a speech-language pathologist in private practice in Queen Anne's County. She learned the art of sourdough baking during the pandemic like many others - through YouTube. She loves how healthy and versatile sourdough bread is and enjoys the many variations that are possible, like focaccia, brioche, crackers, granola and pizza dough.

**Michelle O'Brien** has been a fitness instructor since 2010, most recently teaching at the YMCA in Centreville. She has taught a variety of formats including seated fitness at assisted living facilities, cardio, weights and aqua aerobics.

**Julianna Pax** retired from Montgomery County Schools in 1999 where she developed and taught the nutrition science curriculum in addition to her chemistry classes. She has a B.S. in chemistry from the University of Dayton, an M.S. from University of Michigan and a Ph.D. in nutrition science from the University of Maryland and is the author of several cookbooks. Her fifth cookbook is *Cooking for One (or More)*. She also manages the "Soup and Walk" program at Adkins Arboretum in Ridgely and teaches line dancing at the YMCA in Cambridge.

**Steve Quigley** is a retired old man. When not retired he was a semiconductor engineer and manager at IBM with previous assignments at Motorola, National Semiconductor and Bell Laboratories. He holds a couple of degrees, none having to do with political analysis, psychology nor bias mitigation. Hence it should be a learning experience for all.

**Mary Helen Risler** enjoys cookie decorating as a hobby with friends and relatives. She bakes cookies and prepares the icing in her own personal kitchen.

**Juanda Rogers** is the owner, designer and crafter for The Real Stuff Jewelry, LLC. She has been making unique jewelry for over ten years using various gems, stones, sea glass and sterling silver.

**Alicia Siegrist** earned a B.S. in geology from University of Maryland, College Park and an M.S. in geochemistry and mineralogy from Penn State. She worked for NASA-Goddard and University of Maryland's Computer Center, and has taught geology, oceanography, and computer science to students age 5 to 90. Keywords in her description of "The Beach" are sun-burn, wind-blown, near-drowned and pure exhilaration.

**Galt Siegrist** received his B.S. in geology from Lehigh and an M.S. and Ph.D. from Penn State in

geochemistry and mineralogy. He taught undergraduate and graduate geology courses for 25 years at University of Maryland, College Park and 12 more years in Guam. He conducted sponsored water resources research and consulting in Guam and on many other Pacific islands. He has also taught several courses for IAL.

**Beverly Hall Smith** was a professor of art history for forty years. Since retiring to Chestertown in 2014, she has taught art history classes at IAL and WC-ALL. Since April 2020, she has been writing weekly articles for the Chestertown and Talbot Spy titled "Looking at the Masters." She is also an artist whose work is sometimes in exhibitions at Chestertown River Arts and she paints sets for the Garfield Center for the Arts in Chestertown.

**Julia Stokes** is the Maryland Access Point Coordinator.

**Raymond Vergne** is a retired cardiologist with a graduate degree in education and interests in literature, history, music and art. He has taught an array of classes for IAL.

**Mary Jo Volpicelli** spent her career working in nursing and health care administration. She has taken several literature classes through IAL and has been a member of various book clubs over many years.

**Clayton Washington** has spent the last 16 years as president of the Kennard Alumni Association. He led the restoration of the only African American high school in Queen Anne's County to create the Kennard African American Cultural Heritage Center and African American History Museum. He has done extensive research on local African American history.