

Monday Classes

Spanish Literature: One Hundred Years of Solitude

Since its original publication in Spanish in 1967, *One Hundred Years of Solitude* has been translated into 46 languages. Its author, Gabriel Garcia Marquez, was awarded the Nobel Prize for Literature in 1982. The story of six generations of the fictional Buendias family in the fictional village of Macondo will be analyzed along historical, psychological, mystical, social and biblical themes, focusing on the author's emphasis on the recurrence of the life-love-time-death loop. *One Hundred Years of Solitude* is an extremely satisfying and challenging experience.

Monday, 9/9 - 10/7 (5 sessions)
10:30 a.m. - Noon
Instructor: Raymond Vergne

Tree of Life Wire Sculpture Pendant

Participants will select either a stone cabochon or piece of sea glass and follow step-by-step instructions to create their own one-of-a-kind tree sculpture pendant. **Limited to 6 participants**

Monday, 9/30 (1 session)
3:00 - 5:00 p.m.
Instructor: Juanda Rogers
Fees: \$25 for materials will be collected the day of the class.

Current Events and Social Issues

This course is designed to enhance the participant's interest in and understanding of current events and contemporary social issues. Local, national and international events and issues will be the subject of group discussion. Objectives are to make the participants aware of the opinions of others about events and issues that affect our lives and share perceptions of the issues and policy options shaping our world in a safe space.

Monday, 10/14, 10/21, 11/4, 11/11, 11/25, 12/2
(6 sessions)
10:30 a.m. - Noon
Instructor: Charles Mylander

The Subsiding Earth: We're All Going Down

The sinking surface of the earth is a major, irreversible, sometimes dangerous and very costly problem. Subsidence events are common, often local but frequently regional and widespread. They occur on all parts of all continents, including every U.S. state and even under ocean basins. Rates of subsidence are comparable and often exceed rates of sea level rise. In this course, we will discuss subsidence caused by overbuilding, population density, bedrock geology, meteor impact, agriculture, mining (coal, salt, metals) and plate tectonics. We'll also consider current estimates of dollar and human costs. **Limited to 20 participants**

Monday, 10/14 - 11/4 (4 sessions)
1:00 - 2:30 p.m.
Instructor: Galt Siegrist

Tuesday Classes

Low Impact Fitness

This 45-minute fitness class features components of low-impact cardio movement, balance, and stretching set to energetic and upbeat music. Participants should dress comfortably but not too warmly and wear proper "athletic-style" footwear. **Limited to 20 participants**

Tuesday, 9/10 - 10/22 (6 sessions)
NO CLASS ON 10/8
1:00 - 1:45 p.m.
Instructor: Michelle O'Brien

Gentle Yoga

This one-hour class will focus on gentle stretching and traditional yoga movements with elements of balance and strength. Students should bring their own yoga mat and wear loose-fitting clothing. **Limited to 12 participants**

Tuesday, 9/17 - 10/22 (6 sessions)
10:30 - 11:30 a.m.
Instructor: Susan Claggett

Nutrition Cooking for Fall

The class will prepare easy and delicious healthy meals for fall following a Mediterranean style diet. **Limited to 12 participants**

Tuesday, 10/8 (1 session)
1:00 - 4:00 p.m.
Instructor: Julianna Pax

Fees: \$11 for materials will be invoiced prior to the date of the class

Bare Hand Base Ball

This course provides a look at pictures and equipment from base ball in the 1860s by a person who played 14 years with a bare hand team, the Fair Play Base Ball Club of Talbot.

Tuesday, 10/29 (1 session)
10:30 a.m. - Noon
Instructor: Jim Apple

Pre- and Post-Election Analysis

This course will provide the attendee with the opportunity to analyze and discuss election dynamics, political attitudes and issues, polarization and confirmation bias in a civil and respectful setting. Participants will learn how to combat confirmation bias, make pre-election predictions, consider domestic and geopolitical issues related to the election and analyze and discuss the election results. **Limited to 20 participants**

Tuesday, 10/29 -11/12 (3 sessions)
1:00 - 2:30 p.m.
Instructor: Steve Quigley

Introduction to Astronomy

This class will explore the physical universe, including the solar system, galaxies, black holes, the Big Bang theory, and the history of astronomy.

Tuesday, 11/5 - 11/19 (3 sessions)
10:30 a.m. - Noon
Instructor: Tony Loscalzo

Sea Glass Christmas Tree Ornament

Participants will create a sea glass Christmas tree ornament using genuine sea glass, silver-plated wire, Swarovski crystals and a charm. Finished ornaments are approximately two inches tall and perfect for gifting, swapping at ornament parties or adorning your tree. **Limited to 10 participants**

Tuesday, 11/19 (1 session)
1:00 - 2:30 p.m.
Instructor: Juanda Rogers

Fees: \$25 for materials will be collected the day of the class

Nutrition Cooking for Winter

The class will prepare easy and delicious healthy meals for winter following a Mediterranean style diet. **Limited to 12 participants**

Tuesday, 12/3 (1 session)
1:00 - 4:00 p.m.
Instructor: Julianna Pax

Fees: \$11 for materials will be invoiced prior to the date of the class

Wednesday Classes

Easy Recipes for Summer's Fruits and Vegetables

During this class participants will prepare easy appetizers and side dishes using fresh fruits and vegetables. **Limited to 12 participants**

Wednesday, 9/4 (1 session)
10:00 a.m. - Noon
Instructor: Nancy Brandenburger

Fees: \$27 for materials will be invoiced prior to the date of the class

Book Club

The Book Club will discuss five books from different genres. The first two books will be selected by the facilitator; the last three books will be chosen by the participants in the book club. The first book will be *Horse* by Geraldine Brooks. The second book will be *The Women* by Christine Hannah.

Wednesday, 9/4, 10/2, 10/23, 11/20, 12/11 (5 sessions)

1:00 - 2:30 p.m.

Instructor: Mary Jo Volpicelli

A Glimpse of Child Welfare and the Role of the CASA Volunteer

This course will provide a snapshot of the child welfare system, including the reasons children enter foster care, the court process for children under court protection and when and why Court Appointed Special Advocates (CASAs) are appointed to make assessments and recommendations to judges for services to meet children's needs. The course will specifically address how CASA volunteers advocate for children in an effort to improve their overall well-being and long-term outcomes. **Limited to 20 participants**

Wednesday, 9/11 (1 session)

10:30 a.m. - Noon

Instructors: CASA of the Mid-Shore Staff

Writing a Life History and Creating a Memorable Final Farewell

Have you ever read an obituary and thought to yourself, "This could be anyone"? Do you wonder if the funeral home has one template they use for every obituary? It's time to take the matter into your own hands and leave your family with a roadmap to the way you want to be remembered. In this seminar you'll learn what you should include, how to organize your thoughts, who should be mentioned and what's really important to readers. Join us as we dive into the reasons we have obituaries and the creative ways you can leave a remembrance as unique as you are.

Wednesday, 9/18 (1 session)

10:30 a.m. - Noon

Instructor: Ryan Helfenbein

Sourdough for Beginners

Learn the basics of sourdough from starter to baking. Participants will receive a small amount of starter and instruction on care and feeding.

Limited to 10 participants

Wednesday, 10/2 (1 session)

9:30 a.m. - 12:30 p.m.

Instructor: Cindy Nichols

Fees: \$5 for materials will be collected the day of the class

Introduction to Wine Tasting

The first session of this class will focus on sensory characteristics of wine. The next three sessions will involve tasting of wines from a famous New York wine region followed by a small glass of a signature wine from the region and discussion of the characteristics of the wine.

Limited to 12 participants

Wednesday, 10/2 - 10/23 (4 sessions)

3:00 - 4:30 p.m.

Instructor: Dave Menzie

Fees: \$54 for materials will be invoiced prior to the date of the class

Garden Brick

This easy and fun craft project can be a garden brick or a door stop or a bookend. Participants will mosaic the sides and top of the brick, adding a ceramic bird to the top. The project will be grouted. **Limited to 8 participants**

Wednesday, 10/9 (1 session)

10:00 a.m. - 1:00 p.m.

Instructor: Candace Liccione

Fees: \$25 for materials will be collected the day of the class

Location: Wye River Designs, 4300 Main Street, Grasonville

Finding Your Ancestors: Beginning Genealogy

Learn how to go about researching your family tree. We will cover how to begin, keeping track of information, finding primary sources, using the census, free sources and paid subscriptions, online, printed and local resources, using DNA matches, and mistakes to avoid.

Wednesday, 10/16 - 10/30 (3 sessions)

10:30 a.m. - Noon

Instructor: Sue Elter

Garden Tray

Create a beautiful garden-themed tray using stained glass and mosaic tiles. The tray is 15

inches long and will be grouted. **Limited to 8 participants**

Wednesday, 11/6 (1 session)

10:00 a.m. - 1:00 p.m.

Instructor: Candace Liccione

Fees: \$28 for materials will be collected the day of the class

Location: Wye River Designs, 4300 Main Street, Grasonville

Artificial Intelligence Update

Artificial intelligence has rapidly advanced. In this course participants will review where it is and where it is going. The course will emphasize how to effectively query the latest AI systems.

Wednesday, 11/6 - 11/13 (2 sessions)

1:00 - 2:30 p.m.

Instructor: Anthony Loscalzo

Sea, Surf, Sand: The Beach

Every beachgoer in the world can describe what "the beach" is like, and every description will be different. Explore beach materials, sand motion, berms and bars, the effects of sea level change and hard stabilization, and famous beaches of the world.

Wednesday, 11/6 - 11/20 (3 sessions)

3:00 - 4:30 p.m.

Instructor: Alicia Siegrist

Keepsake Box

Participants will make an eight-inch wooden box with mosaic on top using broken plates and mosaic tiles. The box makes a lovely gift for a special occasion. This project does not need to be grouted. **Limited to 8 participants**

Wednesday, 12/4 (1 session)

10:00 a.m. - 1:00 p.m.

Instructor: Candace Liccione

Location: Wye River Designs, 4300 Main Street, Grasonville

Fees: \$25 for materials will be collected the day of the class

Thursday Classes

Beginner Pickleball

This class is designed for beginner players or players who would like a refresher. The key components of the game will be covered including scoring, serving, two bounce rule and play positioning. Balls will be provided. Paddles will be available for participants who do not have their own. **Limited to 12 participants**

Thursday, 9/12 - 10/17 (5 sessions) **NO CLASS ON 10/3**

10:00 - 11:00 a.m.

Instructor: Susan Claggett

Location: Grasonville Park, 301 Perry's Corner Road, Grasonville

Intermediate Pickleball

This class is designed for the intermediate player who prefers a more challenging game and has more than a year of regular play experience. The key rules will be reviewed with an emphasis on strategy and player positioning. Balls will be provided. Paddles will be available for participants who do not have their own. **Limited to 12 participants**

Thursday, 9/12 - 10/17 (5 sessions) **NO CLASS ON 10/3**

11:00 a.m. - Noon

Instructor: Susan Claggett

Location: Grasonville Park, 301 Perry's Corner Road, Grasonville

Local African American History and Culture

This course will present the history of the Kennard High School and the local African American citizens who have influenced education, jobs and business, community living and wars and military.

Thursday, 9/12- 10/17 (5 sessions) **NO CLASS ON 10/3**

1:00 - 2:30 p.m.

Instructor: Clayton Washington

Cookie Decorating

During this two-hour session, participants will decorate approximately nine cookies (three each of three shapes) and learn “piping” and “flooding.” Cookies, icing and supplies are provided. **Limited to 12 participants**

Thursday, 10/10 (1 session)

3:00 - 5:00 p.m.

Instructor: Mary Helen Risler

Fees: \$5 for materials will be collected the day of the class

Line Dancing

During this one-hour class, the steps to several line dance routines will be taught using music from a range of genres, including country, oldies and contemporary music. The routines are a combination of dance steps and low-impact exercise moves which slowly raise your heart rate so you are getting exercise and burning calories, while having a great time. No prior dance experience is necessary. The goal is to get some exercise and have fun! **Limited to 15 participants**

Thursday, 10/24 -11/14 (4 sessions)

3:00 - 4:00 p.m.

Instructor: Kathy Leary

Bead Weaving - Superduo Earrings and/or Pendant

This course is designed for students who have some previous bead weaving experience. Students will make earrings and/or a pendant using three types of beads: superduos, seed beads, and sew-on rhinestones for some sparkle. Several color choices will be available. **Limited to 5 participants**

Thursday, 11/14 - 11/21 (2 sessions)

10:00 a.m. - Noon

Instructor: Teddy Griffin

Fees: \$12 - \$15 for materials will be collected the day of the class

Friday Classes

Let's Go Birding

Fall can be a wonderful time to go birding. Migration has begun for some species so we may see species we may not normally see in the area. During these guided bird walks, we will be visiting diverse habitats increasing the possibility of seeing a variety of species. Each walk starts with a brief introduction. The class will meet at the Chesapeake Bay Environmental Center (Grasonville), Conquest Preserve (Centreville), Terrapin Nature Park (Stevensville), and Adkins Arboretum (Ridgely). **Limited to 10 participants**

Friday, 9/6 - 9/27 (4 sessions)

8:30 - 11:30 a.m.

Instructor: Adele Clagett

Location: Will vary each week

Chilean Cuisine

Learn about the history of Chile, its food and traditions. We will cook a meal and sit down to a delicious lunch afterwards. **Limited to 8 participants**

Friday, 10/4 (1 session)

9:30 a.m. - 12:30 p.m.

Instructor: Katie Barney

Fees: \$27 for materials will be invoiced prior to the date of the class

QAC Area Agency on Aging Information and Assistance

This informational class will help inform Queen Anne's County residents about the resources available through the Maryland Access Point (MAP) which is a single point of entry for all programs and services to the elderly population. Information will be available on housing, transportation, health care, financial benefits, state health insurance (Medicare) counseling, long-term care ombudsman and other resources in the community to stay active and social.

Friday, 10/11 (1 session)

10:30 a.m. - Noon

Instructor: Julia Stokes

Japanese Cuisine

Learn about the history of Japan, its food and traditions. We will cook a meal and sit down to a delicious lunch. **Limited to 8 participants**

Friday, 10/18 (1 session)

9:30 a.m. - 12:30 p.m.

Instructor: Katie Barney

Fees: \$27 for materials will be invoiced prior to the date of the class

Developments in Sculpture from the Paleolithic Era to 2000

Sculpture, like painting, has been a part of the human creative experience since the Paleolithic Period. Sculptural figures were integral to belief systems and tell us what was considered most important at the time. Materials used in sculpture vary from location to location. Technique will also be discussed. The work of sculptors such as Polyclitus, Praxiteles, Donatello, Michelangelo, Bernini and Rodin will be discussed, along with Picasso, Russian Constructivism, Calder, Moore, Christo, Smith and developments in the 21st century. Some 20th and 21st century sculptors respond to new materials such as plastic, some to a changing aesthetic, some to the need to preserve and protect the environment and some just for fun.

Friday, 10/18 -11/15 (5 sessions)

3:00 - 4:30 p.m.

Instructor: Beverly Hall Smith

Bead Weaving - Dainty Superduo Bracelet

Bead weaving is a beadwork technique where beads are woven together using a needle and thread to create jewelry, tapestries, or three-dimensional objects. We'll review the basics of bead weaving, including supplies and tools used, types of stitches, and types of beads available. This class is good for beginners; you will learn how to make a bracelet using two-hole superduo beads, how to start and end thread, and how to attach a clasp. **Limited to 8 participants**

Friday, 10/25 - 11/1 (2 sessions)

10:00 a.m. - Noon

Instructor: Teddy Griffin

Fees: \$12 for materials will be collected the day of the class

Norwegian Cuisine

Learn about the history of Norway, its foods and traditions. We will cook a meal and sit down to a delicious lunch afterwards. **Limited to 8 participants**

Friday, 11/15 (1 session)

9:30 a.m. - 12:30 p.m.

Instructor: Katie Barney

Fees: \$27 for materials will be invoiced prior to the date of the class